# **Online Safety Parental Talks**

What can parents can do to control the internet for kids! We will discuss the internet, Social Media, Games.

What is Internet culture, adapting yourself to it, and setting up your children to benefit from it. Parents who don't enjoy devices, dislike the internet and don't know where to start will benefit the most.

## **Talking Points**

It is not the internets' job to be a parent, that is our job The Internet never forgets, Public never forgives Internet is chocolate on steroids, impossible to resist The internet is a learned habit Is it okay to look at my kid's Phone? Yes of course!

# Internet Parenting, What can I do? What's my responsibility

Internet is killing reading and natural curiosity
Kids eating more, reading and exercising less
Screen usage has doubled in 20 years, kids are online up to 8 every day.
Internet is unnaturally exposing young to Adult vices far too soon
Unlike TV & Cinema, the internet has no watershed hour or filter

It's common sense that setting rules, limits, controls are vital for their benefit just like in the real world.

# Our first promise

We won't bore you.

## Kids obsessed with Fortnite, Roblox,

What are they?
How to control and limit their use
Establish rood habits, house rules not guidelines real rules
Learn to log off
Fortnite is truly addictive

## Fortnite - What to watch for

Addiction to the exclusion of all else
Beware, Advertisers, Play with mates only, Switch off sound
No Strangers

Establish good habits, Rules not Guideline 2 hours per day. Stop after 45 mins for break They have BLOCK, IGNORE, REPORT buttons for a reason use them It's free to start but be careful about kids buying upgrades

Make sure Card not connected to device. Switch off 'In-App Purchases'

## Parenting, What can I do? What's my responsibility?

World Health Organisation, up to 95% of internet chatter is all good. It's the 5% killing us. Can I see their stories, posts, tweets? How many hours a day, what age should they start? Are their legal implications? Products you can use to enforce your controls.

## **Primary School Parenting Issues**

What is social media? Instagram, Snapchat, Musical.ly? Does prohibition work, No it doesn't. So what's allowable What is Geolocating, SnapMaps, Example of good/bad posting habits for Girls/Boy Sexting now an issue for 6th class

## Internet Rules of the Road

Stanger Danger
Blocking, Friending, Unfriendling, Deleting, Closing Down
Do parents approve friends? new Apps for download?
What can I do free? Will paying for protection make a difference
Limiting Social Media in privacy mode only 'My Friends only'
House rules for internet usage, Making, keeping to house rules

### Age 5-7 Guidelines

Very controlled Gaming, Set a Rules-based culture
No Social Media & No unsupervised internet access
Check out Apple's new 'Screentime' feature
Age-appropriate GAME - Advise www.pegi.org
Create a Folder for kids on your Phone, Kids access to that folder only
Kids this Age
Lack the critical thinking skills to be online alone
Easily frightened by realistic portrayals of violence, threats or dangers

#### Age 8-10 Guidelines

Switch on child-friendly search Engine. School can advise
Phones should be parentally controlled
Set up time limits, content control, etc on each Phone, Tablet
Parents must approve all new friend requests
Child using a phone or online must be visible to parent. Not alone in a bedroom.
Youtube - Supervised, Kids version.
Device-free time for all - No Phone Dinner/ Tea times

## Age 11-12 Guidelines

Tend to accept media content at face value Blocking, Friending, Unfriending, Deleting, Closing Down Do you approve new friends online Is there an acceptable Social Media Profile? How to avoid online bully's What to do when bullied Device-free time for all - No Phone Dinner/ Tea times

# Parenting, What can I do? What's my responsibility?

What can I do?
What can I see, am I not entitled to see their stories, posts, tweets?
Are their legal implications

The most successful parents to talk with them.

That's a flavour of what will be discussed on the evening.

#### SECONDARY SCHOOLS

# For Teenage Parental Talks Secondary

The purpose of these talks is teach your teenager to pick their way carefully about the internet. Learn to prevent to internet walking all over your kid. If your kid is online all day then the internet is winning, the internet is chocolate, resisting chocolate is hard.

Parents, Kids who understand this do better in exams, college, life,

## Let's talk about Sexting

We talk about from 12 Years of age Age Graded Talk spelling out consequences It's commonplace, so does it really matter Real life UK Ireland true stories

Best Friends will be ones to share your private photos, not some internet weirdo in Minsk. FACT

#### 13-14 Year olds

Snapchat, Instagram, Social Media
Privacy Setting, No. of Friends. Online Friends are not friends, Do really have 1,000 friends?
Consequences, Dangers of overfriending
Bullying, Hate, The Law, Real Examples
Not as Tough as you think you are!
Learning to win online and what that takes
Netiquette,

## 15-18 Year olds

All of the above
The Law, Police,
Online Reputation
Cop on Talk,
Think Big Tech is your friend, and cool. Think again, wake up!
Never ever use a Phone in a relation

## Snapchat / WhatsApp

Encrypted - Yes
Private – Not any Longer
Don't know what these really are? We will explain
What expectancy of privacy should a Teenager in your home have – None!

## The Law, Police, Etc

It's illegal to surf porn – Fact
Transmission, share of Adult content – That's a crime
Cops don't know to break into my Phone – Yeah Right!
Selling/buying illicit materials online is moronic and easy conviction for Cops

# **Haters gotta Hate**

Doing so online is illegal, horrible and damaging Vomiting online will be reciprocated by Friends, Public alike

## Teenagers need to improve use of internet

Using Boohoo, Depop, Ryanair does not mean you know anything about the internet Learn to search online correctly Learn Netiquette, Learn to look at people when speaking to them

## **Online Reputation**

Especially for Jobs, Careers, Sports, Part time jobs, Babysitting jobs. Practical ways to improve online reputation You will never use internet as much again up-to 25 years of age. Your kids good online reputation will determine their future.

## Parenting, What can I do? What's my responsibility?

What can I do?

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## There's been an incident on Social Media, what to do?

- 1. Inform School
- 2. Identity other child involved (even if only suspect)
- 3. Don't delete the account.
- 4. Take upset child off social media immediately.
- 5. It's a crime, consider informing the Police, Courts will take action action